Citizens Advice Cheshire West helps people to slash the cost of energy bills

Citizens Advice Cheshire West will be holding events across Cheshire West to help take the sting out of people's fuel bills.

The event will take place during Big Energy Saving Week (22 January - 28 January), a national campaign run by Citizens Advice, Citizens Advice Scotland, Energy Saving Trust (EST) and the Department for Business, Energy and Industrial Strategy (BEIS).

Everyone is invited to attend the free event where they'll be shown how to reduce their energy costs using a three-step rule of check, switch, save:

Check their meter and bills regularly to make sure they're paying the right amount.

Switch to a different tariff or supplier that's better value for money by using Citizens Advice's energy comparison tool.

Save energy by turning appliances off and making sure walls and lofts are well insulated. They should also make sure their boiler is in good working order.

People will be guided through Citizen Advice's energy comparison tool at the event so they can switch supplier and start making immediate savings.

Advisers will also suggest further cost-cutting measures people can adopt, depending on their circumstances. This could include making sure their home is well insulated so it's energy efficient, or checking if they're entitled to benefits, grants or discounts like the Warm Home Discount - a £140 rebate from their supplier.

The Citizens Advice Cheshire West events will take place at the following locations and dates between 10am – 2pm (unless otherwise stated):

Area	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Ellesmere Port	Neston Community Youth Centre		Ellesmere Port Sports Village	Trinity Church Whitby Road	Ellesmere Port Sports Village
Chester	Wesley Church Centre (10am – 3pm)	Wesley Church Centre	Wesley Church Centre	Northgate Arena	Northgate Arena **and** Digital Buddies session* at Storyhouse (10 am - 12 midday)
Winsford	Wyvern House	Wyvern House	Wyvern House	Winsford Lifestyle Centre (10 am - 8pm)	Winsford Lifestyle Centre
Northwich		Northwich Memorial Court **and** Northwich Library	Northwich Memorial Court		

* Please contact the Hear and Now Project about joining

Those who can't make the event can use Citizen Advice's energy comparison tool at home, contact their nearest Citizens Advice at a different time, or call the Consumer Service Helpline on 03454 04 05 06 for advice on reducing their energy costs.

Jason Bishop, Assistant Chief Executive of Citizens Advice Cheshire West**,** said:

"Big Energy Saving Week is a fantastic opportunity to get expert advice on a range of ways you can reduce your energy costs.

"Switching your tariff or supplier is normally the quickest and most effective way to bring your costs down, but you can also modify your home and change your habits.

"It's important for us to be taking part in Big Energy Saving Week as it's older people and those on the lowest incomes who are likely to be paying over the odds for their energy as they're least likely to switch.

"We encourage as many people as possible to attend the events, or to use our energy comparison tool to check for savings."

For a full list of Big Energy Saving Week events in your area, visit the Citizens Advice website.
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